



Botox and Fillers

What is Botox treatment?

Botox is a natural, purified protein that relaxes wrinkles causing muscles, creating a rejuvenated appearance. The active ingredient in Botox treatment is derived from bacteria in much the same way, penicillin is derived from mould. It is manufactured in sterile laboratory conditions. Botox is a prescription only medicine and treatment is only available from a qualified medical professional.

How does Botox treatment work?

Botox can be used to relax specific facial muscles that cause dynamic wrinkles (the wrinkles that are formed during facial expression). Once the muscles are relaxed, you cannot contract them preventing undesirable facial expressions. Thus, the lines gradually smoothen and new lines are prevented from forming.



Botox and Fillers

Will I still be able to make facial expression?

Although the results are visible, a treatment with Botox will not radically change your facial appearance or make you look as if you've had work done.

What does Botox treatment involve?

Botox treatment is a non-surgical procedure whereby a small amount of Botox is administered into selected facial muscles by a trained doctor using a very fine needle. Generally, a Botox treatment takes around 10 minutes. Discomfort is typically minimal and brief, and an anaesthetic is usually not required; the injection may sting for a few seconds. Normal activities can be resumed soon after.

The dose recommended for the treatment will vary depending on your individual situation and the severity of your lines. Your doctor will know what the best dose is for and which muscles to inject and give you the best results.



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How long does Botox treatment last?

The effect can last up to 4 months before lines slowly begin to return³. If you have repeat 3.4596 treatment, the effect tends to last longer³.

Does Botox treatment cause more wrinkles to form?

Botox will relax the facial muscles that cause expression lines. It prevents wrinkles from forming. If you choose not to have further Botox treatments your muscles will eventually return to normal activity and your wrinkles will gradually revert to their pre-treatment levels.

How quickly can I see a difference?

Within 3 days you may notice a softening in the appearance of your frown lines between your brows and it takes up to 7 days to see the full result³. The area will continue to improve for up to a month³.

Can Botox treatment be combined with other products and procedures?

Many people use a combination of cosmetic products and procedures with Botox. Your doctor will advise you as to whether or not you will receive better results with your Botox treatment if combined with other products and / or procedures.



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Are there any side effects?

In the amounts used for the treatment of facial lines, the side effects are usually temporary and localized to the area of the injection. Possible side effects include headaches, pain, burning / stinging, swelling or redness at the injection site, local muscle weakness including drooping eyelids / eyebrows, swollen eyelids, skin tightness, tingling sensations, itching / aching forehead, nausea and flu-like symptoms.

Myth: Unnatural, frozen or expressionless face

Fact: If Botox is injected by a trained and experienced physician it leads to a very natural and satisfactory look.

Myth: Very Painful.

Fact: Generally these procedures pain like a bee's sting. It also depends upon individual's threshold.



Botox and Fillers

Myth: Not Safe.

Fact: Botox is a U.S. FDA approved product and has been extensively researched with a well established safety profile. It is so safe that it can even be injected to children suffering from Cerebral Palsy and that too in a very high dosage as compared to the dose used in cosmetic indications. Till date, more than 29 million patients worldwide have experienced and been benefited from Botox.

Myth: Habit Forming.

Fact: It's absolutely up to you if you want to go for a repeat treatment or not as after undergoing these procedures the skin comes to the baselines from where the treatments were given. The skin doesn't worsen at all if you do not take these procedures again.

Myth: Very Expensive Procedures

Fact: These procedures are generally not very expensive and quite affordable if you compare the amount which is usually spent on facials, massages & other superficial / surface remedies. The cost depends upon the area which you want to treat with these procedures which can be appropriately evaluated by a trained / experienced injector.

Myth: These procedures are only for Celebrities.

Fact: Contrary to popular belief, these procedures are most widely used by common people and not only celebrities.



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Will a treatment with Botox affect my skin color?

Men and women of varying ethnicities and skin types have been successfully treated with Botox. Because, it works only on the underlying muscles, there's no concern of it affecting your skin color and texture.

Is Botox a brand name?

Botox is a registered trademark of Allergan Inc., USA.

Botox is manufactured and marketed by Allergan Inc., USA.

How long has Botox been used?

Botox treatment has a proven 20 year safety record and effective use in millions of patients worldwide^{1,2}.

How do I know if I received Botox today?

Vials of Botox have a holographic film on the label that contains the name 'Allergan' within the horizontal lines of rainbow colors. In order to see the hologram, rotate the vial back and forth between your fingers under a desk lamp or fluorescent light source (Note the holographic film on the label is absent in the data/ batch area).